

Advanced Facilitation Training and the Resilient Heart *with Richard Cuadra, MFT and Madura Cuadra*

*Wednesday, September 17, 2014 9am - 4:30pm
Golden Gate Club in the Presidio, San Francisco*

This full day workshop is an advanced facilitator training open to anyone who has had some experience with facilitation and will include a combination of lecture, open forum discussion, and experiential processes. We will focus on in-depth skills and working tools to enhance facilitation, communication, inner guidance, listening presence and joining with others. Participants will have the opportunity to experience the sacredness of support as an innate quality of our humanity. The heart of Attitudinal Healing, is the heart. Our true nature to connect and expand our awareness of the inner world and the world around us is a journey of intimacy, authenticity and compassion. The Principles of Attitudinal Healing hold the essence of community by fostering universal truths, one of which is to reach out and be of service to one another. We will explore and experience basic psychological, philosophical, and loving mandates which support the heart to be a resilient and vibrant center.

Pre-requisite: Facilitator Training and minimum of three months facilitation experience.

Cost: \$75 6 CEU credits are available for this course.



RICHARD AND MADHURA CUADRA

Richard and Madhura have a combined experience of thirty five years facilitating groups and training facilitators from all over the United States and the world. Their spiritual practice brings together Attitudinal Healing and the path of mysticism. Richard served as Program Director for the Center for Attitudinal Healing in Sausalito for ten years. Richard has a psychotherapy practice working with couples and individuals utilizing a diverse range of psycho-spiritual modalities including the Principles of Attitudinal Healing. Madhura Cuadra has led the "Dances of Universal Peace" and mystical walking practices for the past 35 years. She currently plans retreats and spiritual programs. Richard and Madhura work with The Hope Project, a non-profit which provides education and health services to an impoverished neighborhood in Delhi, India.

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40th International Conference for Attitudinal Healing - September 19 - 21, 2014



Visit www.ahinternational.org for more information on the conference and to register.