

Introduction to Facilitator Training (2-day)

with Kathy Harris

*Wednesday and Thursday, September 17 - 18, 2014 9am - 4:30pm
Golden Gate Club in the Presidio, San Francisco*

The Facilitator Training is designed for AH facilitators as well as those wanting to learn AH group facilitation. It is filled with experiential exercises to develop your skills and to learn new ones. Eighty percent of the time will be in small groups practicing different tools and skills demonstrated and taught by four women with the combined experience of 90 years facilitating Attitudinal Healing groups.

You will learn about the components of an AH group and have a chance to role play a facilitator in each one: pre-meeting, the opening of the group, the group process, the closing and post-meeting. Some of the tools that will be covered are reflective listening, creative ways to bring in the principles of Attitudinal Healing, learning questions that can bring the group into Attitudinal Healing, and how to get the group back on track when the participants have lost interest and focus. Learn what makes an AH group different from an emotional support group.

Prerequisite: Attitudinal Healing for Everyday Life or Introduction to Attitudinal Healing.

Cost: \$150 12 CEU credits are available for this 2-day workshop. [#→ Click here to register.](#)



KATHY HARRIS

Kathy Harris has a private counseling practice in Marin. She currently and for the past 10 years has lead a year-long women's group steeped in the Principles of Attitudinal Healing. Kathy works with 50 men at San Quentin weekly where she leads two spiritually focused support groups. She has been using the Work of Byron Katie for 17 years. Kathy has been involved with The Center for Attitudinal Healing for 30 years; including Director of the Children's Program, Program Director of the Russia Project, and as trainer/consultant. She is a lover of the Divine and of waking up. Additional trainers in this workshop are former Sausalito Center staff members Jennifer Andrews and Lisa Starbird.

www.kathyharris.net

40th International Conference for Attitudinal Healing - September 19 - 21, 2014



Visit www.ahinternational.org for more information on the conference and to register.